



# Meeting Street

## **KID FIT**

### **A SENSORY-BASED FITNESS GROUP**

**KID-FIT** provides children (ages 6-8) the opportunity to practice ball and playground skills while improving strength, coordination, endurance, balance and motor planning abilities. The activities will provide opportunities for social interaction and following multi-step directions.

**KID-FIT** will be led by members of the occupational therapy staff.  
**Child must be able to follow 2-step directions to participate.**

**Where:** Meeting Street

**When:** Wednesdays 3:45-4:30 pm

**Payment Options:** Billing Insurance with corresponding co-payments  
OR  
Self Pay \$75/week

Evidence of Occupational Therapy evaluations completed within the past two years must accompany application.

**Space is limited! Register today.**

To register or for more information, please call 401-533-9104

believing in the possibilities

1000 Eddy Street, Providence, RI 02905

Tel 401.533.9100 Fax 401.533.9101 [www.meetingstreet.org](http://www.meetingstreet.org)